



BRIGHTON  
HEALTH  
SERVICES  
CENTRE



# **BRIGHTON HEALTH SERVICES CENTRE**

## **BACKGROUND**

In August 2001, a year long feasibility study by a group of concerned Rotarians culminated in a formal proposal on community health care to the Council of the Municipality of Brighton. The study drew heavily on the work of Dr. Duncan Sinclair and Dr. Ruth Wilson, as well as extensive investigations of the pilot project in Tweed, the Campbellford Health facilities, and meetings with health organizations in the Hastings Prince Edward area, and the Haliburton, Kawartha, Pine Ridge areas. The study recommended establishing a Board of Directors to oversee the development of a community oriented, broad based Community Health Services Centre. This recommendation was given unanimous endorsement in principle by the Brighton Municipal Council.

As an immediate result, advertisements were placed seeking individuals willing to commit their time and talents to the creation of such a facility. In November 2001, the first meeting of the Board of Directors was held. The Board is a non-profit charitable foundation.

## **BRIGHTON SITUATION**

Brighton, with a population in excess of 10,000, has three full time doctors. Provincial standards indicate a need for six. In September 2003, the Ministry of Health and Long Term Care designated Brighton as an “underserved area”.

Factors indicated the need for a community developed and operated facility to provide health services for the community. The facility is a joint public/private partnership of various stakeholders. The facility will operate in a carefully developed network of partnerships that cut across all traditional political and market boundaries, and that are based on the most efficient use of limited resources.

## **BRIGHTON VISION**

The Brighton Health Services Centre was created to develop a health centre in Brighton that encompasses core family health providers in one location by 2004. The facility provides access to primary and specialist health services, health promotion and disease prevention organizations. The continuum of services extends from pre-natal to geriatric care, excluding long-term nursing home situations.

## **BRIGHTON HEALTH SERVICES CENTRE**

The Brighton Health Services Centre (BHSC) is a 15,000 square foot building completed to provide comprehensive health services for all its residents. The HealthCentre has a 5,000 square foot primary care area containing equipment and technology

for five physicians and a nurse practitioner. Each doctor's office is fully furnished and each doctor is provided with two equipped examination rooms. A minor treatment room is accessible for shared usage. The facility is capable of fibre optic level communication technology, has a common secure access to patient records, a common reception and administration area. Equipment is superior to that available to individual doctors due to the economies of sharing. Physicians will be provided with a laptop computer, an office computer and software to handle a wireless/paperless record system. Photocopy and fax equipment will also be provided.

Physicians will be charged rent according to the number of patients on their roster. Under development is the extension of health care through use of a nurse practitioner, registered nurses, and medical interns obtained through strategic partnerships with various universities.

- **YMCA**

In December 2003, the Family YMCA opened providing health, recreation and physical programs for the community. These programs provide a natural support to the efforts of the primary care practitioners of the BHSC assisting them in meeting the health and wellness needs of their patients. The YMCA has a supervised child care area. Community members can participate in YMCA programs and services through membership or day user fees. The YMCA is open to all and the YMCA Assistance Program ensures access for all in the community. Their membership now exceeds their goal of 700 members.

- **Early Years Centre**

The Ontario Early Years Centre opened on February 2, 2004 providing families and caregivers an opportunity for children ages 0 to 6 years to develop social, physical, mental skills. The Early Years Centre is a place for parents and their children. Children are born ready to learn and parents can help them succeed.

- **Haliburton, Northumberland & Victoria Community Access Care**

In March 2004, the Haliburton, Northumberland and Victoria Access Centre, opened a satellite office for the Brighton area. The Community Access Centre offers simplified access to a wide variety of community health services for eligible clients. They work to provide health care and support services to maximize independence at home, in schools, or if necessary to co-ordinate admission to long term care facilities.

- **Hospice Northumberland, Lakeshore**

Hospice Northumberland Lakeshore opened a satellite office to service the needs of palliative care families in the Brighton area, in May 2004. The modern hospice movement offers rest and comfort for people living with life-threatening illness, and for their families and other caregivers. Trained volunteers offer this support. Emphasis is on maintaining dignity, choice (such as staying in your home if possible) and quality of life. Volunteers offer help with practical needs such as child

care, transportation and light bedside care. Clients are supported in their homes, in hospital or wherever they reside.

### **SUMMARY**

Municipal support to the proposal has been overwhelming. The \$2.2 million dollar contract for renovations commenced in September 2003 and was completed in May 2004. The on-time completion of the Brighton Health Services Centre was only possible as a result of a bridge-financing arrangement made through the Municipality of Brighton. As of August 2004, the community has contributed \$1,542,000 or 70% towards financing the Centre.

### **RECEPTION**



## DOCTOR'S OFFICE



## EXAMINATION ROOM



## PRIMARY CARE RECEPTION AREA



## BRIGHTON YMCA



# ONTARIO EARLY YEARS CENTRE



## **MUNICIPALITY OF BRIGHTON, ONTARIO**

**Location:** Brighton is located an hour and a half east of Toronto (160km.) and an hour west of Kingston (110 km.) south of 401, on Highway 2, along the scenic shore of Lake Ontario. Brighton combines the friendliness and relaxed atmosphere of a small town, with reasonable access to the cultural resources of large urban areas. The Municipality of Brighton offers affordable housing (both in town and rural), excellent education and a thriving economy.

**Community Information:** Brighton is known for excellent fishing, quaint Bed and Breakfast locations, golf courses, spa resorts, antique shops and a truly charming atmosphere. The wonderful 19<sup>th</sup> Century architecture of the town is augmented by modern new developments that can have you sailing away from your own backyard. Brighton boasts one of the best-protected natural harbours on Lake Ontario and is a popular boating destination.

Literally surrounded by orchards, Brighton's agricultural past is present everywhere. From the roadside produce stands, to pick-your-own apples and berries, Brighton maintains the spirit of the early founders who established some of the first apple orchards in Canada. Agriculture is the leading industry.

Brighton is the gateway to Presqu'ile Provincial Park. With 200,000 visitors each year, Presqu'ile is well known for a wonderful white sand beach, hiking and camping. Situated along a major bird migration flyway, and a staging area for migrating monarch butterflies, Presqu'ile is a mecca for outdoor activities.

Brighton's Municipal Administration offers the town's 10,000 residents and visitors various activities and classes for all age groups. Many of the programs run year round, while others are seasonal or special interest in nature. Self-guided activities are popular thanks to the wide array of facilities and dedicated spaces. These include well-developed playground sites, soccer fields, baseball and softball fields, picnic facilities, walking trails and tennis courts, lawn bowling and croquet. For the sports lover, King Edward Park Arena hosts several leagues and clubs including minor softball, minor hockey, girls hockey, men's hockey and two figure skating clubs. Additional sports includes the curling club, martial arts, many area golf courses, beaches at Presqu'ile Provincial Park, canoeing, fishing, hiking, cross country skiing and snowmobiling. Numerous special interest clubs are situated either in Brighton or within easy reach. These include: computer, railway, gardening, model aircraft, chess and stamps.

Brighton hosts a variety of small town festivals, with themes varying from the celebration of the apple harvest, the charm of the winter season, the return of water fowl to Presqu'ile and the history of the community. The active arts community ensures a wide variety of cultural activities, and two community newspapers serve the local area. Proctor Barn Theatre offers a regular schedule of theatrical productions and recently hosted the Eastern Ontario One Act Play Festival.

Brighton has a thriving business community. A wide variety of stores, family, casual and fine dining restaurants are located in the downtown core, and a complete compendium of services is readily available to area residents. Larger, nearby population centers offer traditional shopping malls with well-known stores. This is an area of steady growth, with a varied commercial mix, from traditional agriculture, retail, tourism and services to an expanding number of knowledge-based technology businesses.

Quality of life is what attracts people to live in Brighton. You can live in a small town, on rolling farmland, or in a truly natural area with access to all of the cultural and lifestyle activities any urban area could offer.

**Community Websites;**      [www.brightononline.ca](http://www.brightononline.ca)  
   [www.friendsofpresquile.on.ca](http://www.friendsofpresquile.on.ca)  
   [www.qhc.on.ca](http://www.qhc.on.ca)  
   [www.brightonhealth.ca](http://www.brightonhealth.ca)

**Education:** Elementary and Secondary Schools

- Brighton Public School: P.O. Bag 9100, 24 Elizabeth Street, Brighton, K0K 1H0. Telephone (613) 475-2814.
- Smithfield Public School: R.R.#3, Brighton, K0K 1H0. Telephone (613) 475-2301.
- Spring Valley Public School: R.R.#7, Brighton, K0K 1H0. Telephone (613) 475-2578.
- East Northumberland Secondary School: 71 Dundas Street, R.R.#3, Brighton, K0K 1H0. Telephone (613) 475-0540.

Separate Schools

- St. Peter's School: 101 Queen Street, Trenton, K8V 4Y2. Telephone (613) 392-6577.
- St. Paul's Secondary School: 15 Tripp Boulevard, Trenton, K8V 6M2. Telephone (613) 394-4843.

Private Schools

- Trenton Christian School: 340 2nd Dug Hill Road, RR#4, Trenton, K8V 5P7. Telephone (613) 392-3600.
- Quinte Christian High School: Box 158, Belleville, K8N 3B3. Telephone (613) 968-7870.
- Goodwin Learning Centre: 49 English Settlement Road, R. R. 3, Brighton, K0K 1H0

The Brighton Public Library has branches at 35 Alice Street in Brighton, and in the Codrington Community Centre.

**Health Care:** The Haliburton, Kawartha and Pine Ridge District Health Unit offers reproductive and sexual health information, community health nursing, public health inspection services, diet and nutrition counselling, health education programs, family planning information, communicable disease investigation, speech therapy service, and a community dental service programme. Professional care is provided for eligible patients referred by physicians. Brighton branch office: 35 Alice Street, open

Monday – Friday from 8:30 a.m. to 4:30 p.m. For general information call 475-0933.

Trenton Counselling Centre, part of Quinte Health Care, Trenton Memorial site, is an outpatient children's mental health centre offering free counselling for children and their families. Call 392-2540 ext. 5701 for more information.

Trenton Memorial Hospital, part of Quinte Health Care, is located at 242 King Street in Trenton. The hospital has recently been renovated and provided with up-to-date equipment. Trenton Memorial houses 70 beds and has a full range of clinical and diagnostics services.

The Haliburton, Northumberland & Victoria Long-Term Care Access Centre provides access to health and support services and can arrange placement in Long-Term Care facilities. It is located in the Brighton Health Services Centre. New referrals can be made through Central Intake at 1-877-468-5544.

**Pharmacy:**

Brighton Pharma Plus is located at 12 Elizabeth Street in Brighton, (613) 475-3294. A new facility of 8,500 sq. ft. is being constructed at Brighton's main intersection. It will open in November 2004.

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